

SCHOOL DAY CHECKLIST

MORNING

MORNING MUST DO

- MAKE YOUR BED 
- BRUSH YOUR TEETH 
- GET DRESSED & CLOTHES IN BIN 
- START SCHOOL WORK 
- PLAY OUTSIDE 

AFTERNOON

AFTERNOON ACTIVITIES

- HELP AROUND THE HOUSE 
- FINISH SCHOOL WORK 
- DO A SCREEN FREE ACTIVITY 
- CLEAN UP PROJECTS AND TOYS 
- PLAY OUTSIDE 

NIGHTTIME

NIGHTTIME NEED TO

- HELP AROUND THE HOUSE 
- BRUSH TEETH 
- PAJAMAS & CLOTHES IN BIN 
- CLEAN UP ROOM 